The Gulfcoast Orthopaedic Rehabilitation Conference is an event designed to bring orthopaedic surgeons, physical and occupational therapists together in an educational forum. Through a series of didactic lectures, leading area surgeons will discuss the treatment of various upper and lower extremity conditions and the role physical and occupational therapy plays in the management of these disorders. Multiple panel discussions allow for the therapists to interact with the surgeons in an effort to have open question and answer sessions between sets of lectures. The goal of this course to provide continuing education for physical and occupational therapists and Continuing Educational Units (CEU’s) can be claimed by those therapists attending this conference.
**Course Directors**

**Derek Cuff, M.D.**  
Suncoast Orthopaedic Surgery and Sports Medicine  
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**Assistant Director:**  
David Brown, DSC, MA, PT

**Participating Faculty**

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<tr>
<th>Name</th>
<th>Position</th>
<th>Institution</th>
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<td>Dan Lamar, M.D.</td>
<td>Coastal Orthopaedics</td>
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<td>Joe Noah, M.D.</td>
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<td>Sean Dingle, M.D.</td>
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<td>Patrick O'Neil, M.D.</td>
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<td>Michael Gordon, M.D.</td>
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<td>David Chan, M.D.</td>
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4th Annual Gulfcoast Orthopaedic Rehabilitation Conference
August 26th, 2017

Agenda

7:00–7:30 am – Breakfast: Bagels, Coffee, Assorted Teas
7:30-8:10 am - Course Registration and Sign In

8:15-8:20 am - Introductions and Acknowledgment of Industry Supporters Derek Cuff, MD

SESSION I

8:20-8:35 The Surgeon-Therapist Relationship Derek Cuff, MD
8:35-8:50 Wrist Arthritis Update: Treatment Options David Chan, MD
8:50-9:05 Basal Joint Arthritis: Non-operative and operative options Michael Gordon, MD

9:05-9:25 Question and answer session regarding these topics

SESSION II

9:25-9:40 Dissecting the Alphabet Soup of Spine Surgery Eric Sundberg, MD
9:40-9:55 Rotator Cuff Rehab: Therapy or Psychiatry? Derek Cuff, MD
9:55-10:10 Upper Extremity Dystrophy: Causes and how to treat David Klein, MD

10:10-10:30 Question and answer session regarding these topics

SHORT REFRESHMENT BREAK- 10:30-10:50

SESSION III

10:50-11:05 Achilles Tendon Tears: Non-operative vs Operative Treatment Patrick O’Neil, MD
11:05-11:20 Rehab after Shoulder Replacement: Mistakes to Avoid Derek Cuff, MD
11:20-11:35 Meniscal Injury: Treatment options and Rehab Dan Lamar, MD
11:35-11:50 Bundled Payment Programs: How they affect PT/OT Arthur Valadie, MD

11:50-12:10 Question and answer session regarding these topics

LUNCH BUFFET- 12:10-1:00

SESSION IV

1:00-1:15 Therapist Role after Outpatient Total Joint Surgery Ed Stolarski, MD
1:15-1:30 Anterior Approach Total Hip: Surgical Technique and Rehab Alan Valadie, MD
1:30-1:45 Rehab Mistakes after Total Hip or Knee Replacement Sean Dingle, MD
1:45-2:00 Unicompartmental Total Knee: Indications and Rehab Jeff Silverstein, MD
Session V

2:20-2:35  Nonsurgical Treatment of Hip Osteoarthritis  Paul Lento, MD
2:35-2:50  Rehab After ACL surgery  Joe Noah, MD
2:50-3:05  Early Rehab Goals after Hip Fracture Surgery  Trevor Born, MD

3:05-3:25  Questions and answer session regarding these topics

FINAL REMARKS AND ADJOURN- 3:30

Industry Sponsors

Course organized by:

Suncoast Orthopaedic Surgery & Sports Medicine

Thank you to our industry sponsors:

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To ensure balance, independence, objectivity and scientific rigor in all sponsored educational activities, all participating speakers, course directors and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed is they are of a nature that may influence the objectivity of the individual able to control the content of the program. Specific disclosure information for each speaker, course director and planning committee member will be shared with the audience prior to the speaker’s presentation.